

PREPARING FOR CAMP



Get ready for an epic School Camp Adventure!

Every year, schools across Australia take students on exciting camping adventures – an experience filled with friendships, new skills, and lasting memories. For many kids, it's also their first time away from home, making it a great chance to build independence – starting with packing their own bag!

Hand over the checklist and let your student take the lead, guiding them through the process to ensure nothing gets left behind. Packing early avoids last-minute stress and sets the stage for a smooth adventure. A fun tip: try a “practice pack” so they know what’s inside and how to organise it.

With a little preparation, your student will be ready to embrace camp with confidence, excitement, and everything they need for an unforgettable experience!

We look forward to hosting another exceptional camp where your student has fun, learns exciting new skills, grows in confidence, builds life skills, and connections with themselves, others and the world around them.

The Team at Active Education

What To Bring

What are the essential items to pack?

A detailed packing list is included and is camp dependant, but generally includes:

- Daily clothing suited to the weather
- Warm layers and a waterproof jacket
- Enclosed shoes for activities (plus a second pair for water-based use)
- Hat and sunscreen
- Toiletries and towel(s)
- Sleeping bag and pillow
- Water bottle and torch
- Optional: small soft toy or comfort item

What kind of shoes are required?

Enclosed footwear is mandatory for all camp activities. A second pair that can get wet is also recommended (or required depending on activities). Thongs or sandals are suitable for after-hours use only.

How can we reduce the change of lost property?

Clearly label all belongings with your child's full name. This significantly improves the chances of items being returned if misplaced.

What should we do about medication?

All medication must be clearly labelled and handed to the school prior to departure. School staff will manage storage and administration during camp. Medicines must not be packed in bags or suitcases

Bringing food on camp?

Food is only to be consumed in designated areas. Please do not bring or eat food in cabins, tents, or activity areas.

PACKING LIST

FOR CAMPS THAT INCLUDE WATER BASED ACTIVITIES

What To Pack – Must Haves

- ☐ Wide brim hat/ Sunscreen
- ☐ Drink bottle (labelled)
- ☐ T-shirts & a couple of long-sleeved shirts, be sun smart
- ☐ Comfortable trousers and/or shorts
- ☐ Socks and underwear for each day on camp
- ☐ Warm jacket or jumper – especially if it's a Winter camp
- ☐ Pajamas or tracksuit for sleeping
- ☐ Waterproof jacket
- ☐ Two pairs of enclosed shoes (one for land activities, one pair for water activities)
- ☐ Comfortable shoes for wearing in cabin (eg. Uggies or Crocs)
- ☐ Thongs for wearing in showers
- ☐ Sleeping bag and bottom sheet
- ☐ Pillow
- ☐ Personal toiletries (toothbrush, toothpaste, soap, roll-on deodorant etc)
- ☐ Bath Towel
- ☐ **Extra towel for aquatic activities**
- ☐ Personal medication (as required – to be provided to school staff)
- ☐ Tea-towel (named, in a plastic bag)
- ☐ Insect Repellent (roll on or pump pack, not aerosol)
- ☐ Torch (ideally a head torch)
- ☐ 2x plastic bags for dirty or wet clothes/shoes
- ☐ **Swimmers and long-sleeved rashie or similar for aquatics activities**