

# FORM 2



## CHECKLIST

### What do I need to pack for an Active Education Camp?

#### THE ACTIVE ED BIG 5

1. **Appropriate Clothing (Sunsmart, eg No Singlets)**
2. **Hat (Broad Brim Preferred)**
3. **Water Bottle**
4. **Sunscreen**
5. **Enclosed Shoes**

<b>FORMS</b>	Appropriate Medical Forms etc. Acknowledgment of Risk Consent Form.	<input type="checkbox"/> <input type="checkbox"/>
<b>BEDDING</b>	Sleeping bag or sheets and a blanket Pillow Extra blankets if required	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>CLOTHING</b>	Weather appropriate clothing (enough for 3 Days) A complete set of dry clothes for emergencies 2 pairs of <u>enclosed</u> shoes <i>One pair may get wet!!! &amp; Another dry pair for land activities Comfort Shoes (eg Uggies, Thongs, Sandals and Crocs - These may only be worn after activities.)</i> A water proof jacket Tracksuit for night wear Hat / Sunscreen Personal Medication (If Required)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>MEALS</b>	Tea towel (Named and in a plastic bag) Good manners A Healthy Appetite	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>GENERAL</b>	Bath towel Extra Towel for Water activities (e.g. Swimming) Writing Materials Plastic Drink bottle Personal toiletries (soap, deodorant etc) Toothbrush, toothpaste	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
<b>OPTIONAL</b>	Camera, Torch, Insect Repellent PLUS ANYTHING THAT <b><u>YOU</u></b> NEED BUT IS NOT ON THIS LIST	<input type="checkbox"/> <input type="checkbox"/>